

JINDAL COLLEGE FOR WOMEN
Jindalnagar, Bangalore



STUDENT GRIEVANCE AND REDRESSAL /
COUNSELING CELL REPORT

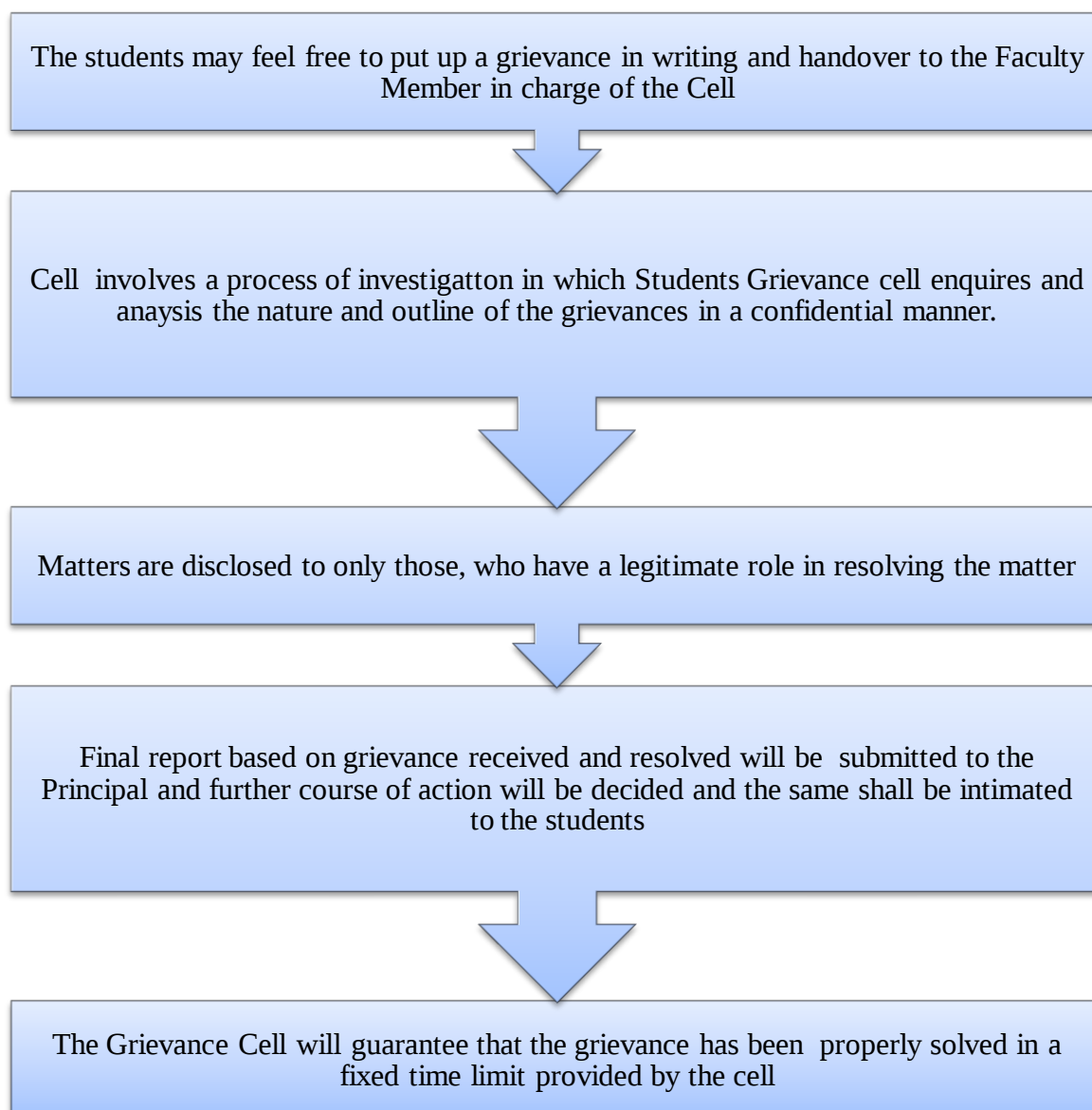
ANNUAL REPORT
2023-24

The Re-Constitution of the Standing committee to handle the grievances of the students of Jindal College for Women is revised as follows with immediate effect and further orders:

Student Counseling / Grievances Redressal Cell

Sl.No.	Name	Designation	Department
1.	Prof.Veena T	Chairperson	Commerce
2.	Ms. Kodhai P	Secretary (SGRC)	Management
3.	Ms.Yashaswini	Secretary (SCC)	Commerce
4.	Dr. Komala J	Member	Commerce
5.	Ms.Veena k Anand	Member	Commerce
6.	Ms. ShubhaShree S	Member	Management
7.	Ms. Varsha Sharma	Member	Language
8.	Dr. Anitha BG	Member	Science
9.	Ms. Vinutha D	Member	Science
10.	Ms.Kavitha BR	Member	Computer Science
11.	Ms. Sahana A	Student Member	B.Com
12.	Ms. Chandana V	Student Member	B.Com
13.	Ms. VidhyaShree S	Student Member	BBA
14.	Ms. Sahana R	Student Member	B.Sc
15.	Ms. Pooja M	Student Member	BCA

Grievance Redressal Procedure



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- Aims and objectives
- Functions
- Rules and regulations
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INTRODUCTION:

The Student's Grievance Redressal Cell desires to promote and maintain a conducive and unprejudiced educational environment.

AIMS AND OBJECTIVES:

The objectives of Students Grievance Redressal Cell include the following:

- To support, those students who have been deprived of the services offered by the College, for which she is entitled.
- To make officials of the College responsive, accountable and courteous in dealing with the students.
- To ensure effective solution to the student's grievances with an impartial and fair approach.

The Cell enables a student to express feelings by initiating and pursuing the grievance procedure in accordance with the rules and regulations of the College. 'Student's Grievance Cell' enquires and analyses the nature and pattern of the grievances in a strictly confidential manner. Emphasis on procedural fairness has been given with a view to "the right to be heard and right to be treated without bias".

FUNCTIONS:

- Redressal of Students' Grievances to solve their academic and administrative problems.
- To co-ordinate between students of different Departments / Sections to redress the grievances.
- To guide ways and means to the students to redress their problems.

RULES AND REGULATIONS:

- Student Grievance Redressal Cell has been constituted for the redressal of the problems reported by the students with the following objectives:
- Upholding the dignity of the Institution by ensuring strife free atmosphere in the Institute through promoting cordial student-student relationship and student teacher relationship etc.
- To support, those students who have been deprived of the services for which she is entitled.
- To make teaching and supporting staff responsive, accountable, courteous in dealing with the students
- To ensure effective solution to the student grievances with an impartial and fair approach
- Encouraging the students to express their grievance/problems freely and frankly without any fear of being victimized
- Advising the students to respect the right of dignity of one another and show restraint and patience whenever any occasion arises.
- Advising the students to refrain from inciting students against other students or teachers and institute Administration
- Ragging in any form is strictly prohibited in and outside the institution.
- Any violation of ragging or disciplinary rules should be urgently brought to the notice of the Principal/Disciplinary Committee of the Institution.

LIST OF ACTIVITIES:

- Counselling session by counsellors
- Class based group counselling sessions by faculty members.

REPORT OF THE ACTIVITIES:

- ✓ Counseling Session by the Counselor – Dr. Shubhra N Puneetha

Dr Shubhra N Punetha has done MBBS Training at the Himalayan Institute Of Medical Sciences. She also underwent Post-Graduate Training In Psychiatry at Army Base Hospital, Delhi. madam underwent extensive training in Angel therapy, Crystal therapy, Radical healing, Aura photography, Theta healing and an understanding of Metaphysical aspects of illnesses in this period. She is also a Biochemic (tissue salt remedies) practitioner where she studied the use of the 12 tissue salts in treating common acute and chronic illnesses.

For a decade now, Dr. Shubhra has been an Access Consciousness Bars practitioner and facilitator and a former Certified Facilitator with Access Consciousness. On 23rd February 2017, Dr. Shubhra became a part of the wellness clinic at Sri Sathya Sai Institute Of Higher Medical Sciences, Bangalore where she handles the Mind-Body Clinic. Worked as a Clinical Hypnotherapist at California Hypnotherapy Institute of India and as a Theta Healing Practitioner (THiNK, Idaho, U.S.A)

Besides counselling, she offer patients Access Bars and Tissue salt remedies and radical healing for issues ranging from depression, anxiety, stress management and so many others.

The Session began with an introduction of the terms like Wellness, physical fitness and mental health. The session intended to raise awareness about the impact mental health can have on a person's overall well-being and share resources that may benefit those struggling with mental health disorders.

✓ Class based group counselling sessions by faculty members.

Class based group counselling sessions were also organized before the examinations for guiding students to prepare for their examination.

- The aim of counselling cell is to provide comprehensive guidance programs that will equip students with necessary knowledge, attitude and skills to become mature and socially responsible individuals.

The following are the activities conducted under this cell

- Nurturing through the remedial teaching program.
- As far as academic counselling is concerned, students receive assistance on how to study and write the examination to get good marks. Special care is given by subject teachers.
- Provide various comprehensive psychological services to students and resolve their emotional, behavioural, academic, and social issues.
- Providing counselling in the areas of:-
 - Stress management.
 - Self-awareness.
 - Learning disabilities.

✓ Remedial Classes

The remedial classes were planned for students who didn't perform well in the internal examination. The students were also given advice after class hours under remedial classes and were motivated by providing simple and direct learning material.

CONCLUSION:

The Committee aims at being a link between students, teachers and College administration. It is established to create a healthy and safe atmosphere for students of this esteemed College. The cell actively seeks to address issues on student front. The committee members acknowledge that in College there may be situations where individual student or group of students may have concern about the behaviour of others or the decisions of others or may have suggestions. Therefore student grievance and Redressal committee promotes timely and transparent resolution of these issues/ suggestions in a confidential manner.

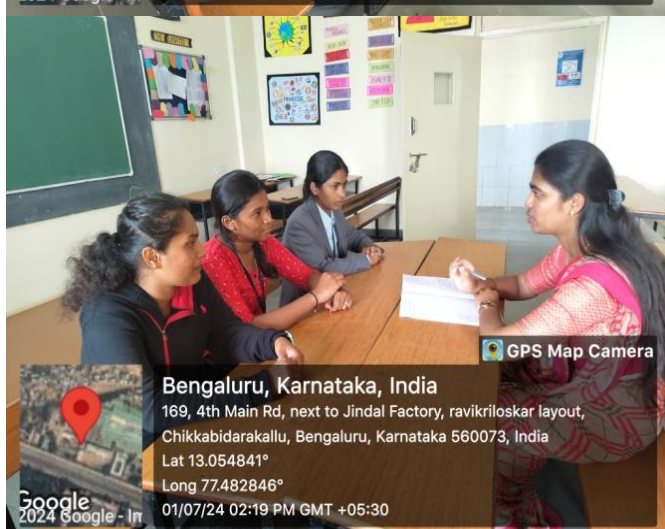
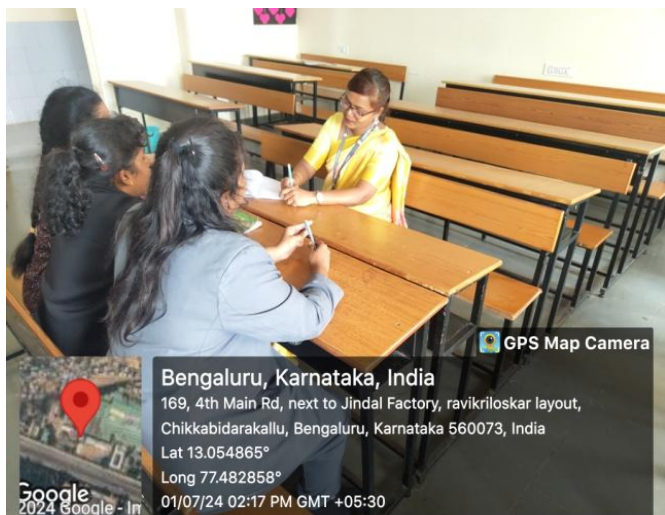
NOTE: By considering the opinions given by the students in the feedback forms, the following recommendations were proposed.

- Enhancement of placement facilities.
- More preferences need to be taken in promoting internship, student exchange, and field visit opportunities for students.
- The students need to be provided with more opportunities to sharpen skills by offering value added courses, certificate courses etc.
- Proper care has to be taken in maintaining the cafeteria.

Photo Gallery:







Principal

